

## News and Notes

1. Workshops and Therapy — Three lucidity researchers have communicated to me that they have

developed either workshops or therapy methods using lucidity. They are: Dr. Judith Malamud, 2555

Bainbridge Avenue, Apt. 6B, Bronx, N.Y. 10458; Joe Dane, 2331 Highland Avenue, Charlottesville, Virginia, 22903; and Dr. Stephen LaBerge, Sleep Research Center, Stanford

University Medical Center, Stanford University, Stanford, California 94305.

2. Dream Machines — Keith Hearne and Bill Sergio are both reportedly in the process of bringing out a dream machine. That is, a device to induce lucid dreams. Hopefully, both will be

available by the first of the year. Sergio can be contacted at Bodyscience, Inc., 801 Second Avenue,

Suite 705, New York, N.Y. 10017.

3. Books — Peter Fellows, Stephen LaBerge and Keith Herne all report books in progress on dream lucidity. Dr. Norton Schatzman

writes that he has recently edited and written an introduction to a translation he commissioned of Hervey de Saint Denys's classic

Les Reves et Les Moyens de Les Diriger (Dreams and the Means of Directing Them). It will be published soon.

4. Unpublished Survey Data — Dr. Richard Kohr, Dr. Werner Karle, Dr. Keith

Hearne, and myself have all recently conducted research surveys on various populations (i.e., A.R.E. members, American general

population, English general populations, and college students) where information about lucid dreaming was gathered. Results from all of these surveys are forthcoming.

5. TV Specials — Stephen LaBerge reports that two television specials on dream lucidity are in the

works, one in the United States and one in England.

Original source: "General Information." *Lucidity Letter Back Issues*, Vol. 1, No. 1, December, 1981, page 3.