

News and Notes

Below is a list of a few “new age” publications which frequently print stories and information about lucid dreaming.

1. ASD Newsletter — The *ASD Newsletter* is a quarterly publication of the Association for the Study of Dreams. It leans toward a magazine format with articles by professionals written and/or edited for a lay readership. Articles include those which are theoretical, empirical, educational and clinical as well as book reviews. For information write to ASD, P.O. Box 590475, San Francisco, Ca., 94159-1475.
2. Brain/Mind Bulletin — The *Brain/Mind Bulletin* is a one-of-a-kind publication, appearing every three weeks, relating cutting edge developments, findings and theories in consciousness and brain research, psychology, education, creativity, and scientific and cultural innovation. For subscription information write to: Brain/Mind Bulletin, P.O. Box 42211, Los Angeles, CA., 90042.
3. Dream Network Bulletin — The *Dream Network Bulletin* is a bimonthly publication whose primary focus is upon “experiential dreamwork”. Readers send in articles, personal experiences, research reports, art work and poetry related to dreams. For subscription information write to: DNB, 670 E. Rio Road, Charlottesville, Va., 22901.
4. The Open Mind — Strongly interested in bridging unnecessary gaps between science, the spiritual, and personal growth. Dr. Charles Tart’s writings reflect more than 20 years of personal involvement in such disciplines as Aikido, Buddhism, psychological growth processes, and the Gurdjieff work. A popular lecturer as well as an internationally recognized scientist, Dr. Tart is publishing The Open Mind as his way of sharing his understandings (and questions) about the nature of our human consciousness with like-minded people seeking a wider vision of human potentials. For subscription information write to: Psychological Processes, Inc., P.O. Box 37, El Cerrito, CA., 914530.

Lucid Dreaming Workshops With Stephen LaBerge

For details write: Lucidity Project; P. O. Box 2364
Stanford, CA 94305

July 11—13, Esalen Institute, Big Sur, CA.

Sept 26—28, American Speakers Assoc., Houston, TX.

Oct 4-5, Interface, Boston, MA.

Lucid Dreams Bibliography Update

Each issue of *Lucidity Letter* contains recent references on dream lucidity. The complete bibliography can be obtained by purchasing all past Issues.

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