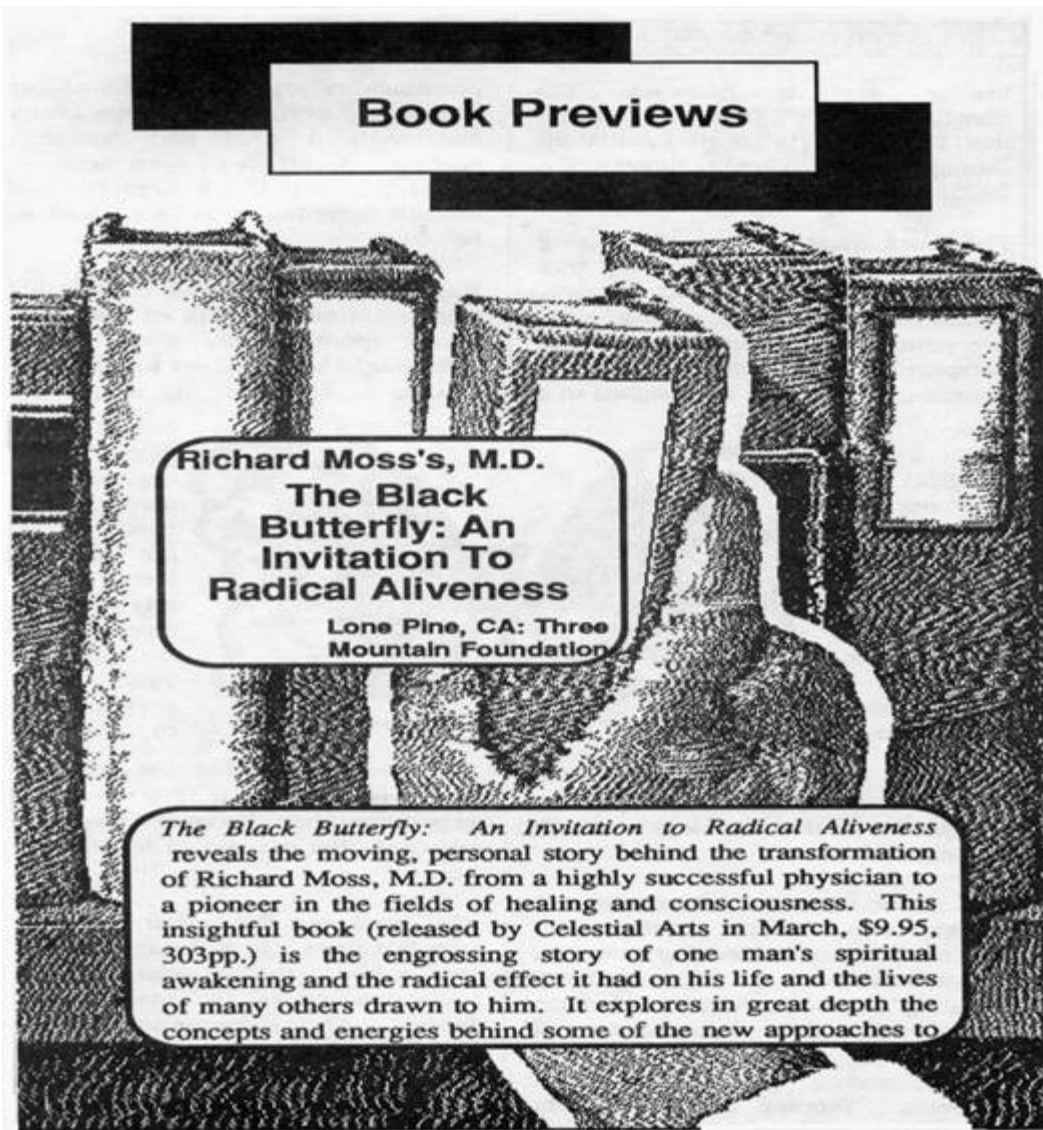


Book Previews

Richard Moss' *The Black Butterfly: An Invitation to Radical Aliveness*



healing, and in particular, the transformational growth workshops that Dr. Moss has been facilitating throughout the United States since 1976.

The Black Butterfly is a challenging invitation to reexamine the very way we look at our lives. Health, disease, sexual intimacy, child-rearing, war, everything when seen from the perspective of higher energies or consciousness can be approached in a new or "radical" way. (Radical in this use of the word means "root," to go back to the very root assumptions that govern our life.) It is Dr. Moss's contention that when we open ourselves to these higher levels of awareness we can realize tremendous personal growth and expansion.



The Black Butterfly affords us real life examples of people transformed in this new way of being. For example, it chronicles an extraordinary "healing" that occurred at a conference given by Dr. Moss. It is the story of "Laura," a woman with terminal cancer, and a 38-year history of diabetes. Tapping into the greater potentials of energy that Dr. Moss stresses are available to groups, Laura underwent a total and complete healing of all her symptoms so astounding that it left even Richard himself incredulous at first. Still as he states:

Radical aliveness...is a state that transcends any concept of ourselves. Laura spontaneously awakened to what might be called her fundamental nature, a condition in which her cancer and diabetes were not the final reality. For most of her life she had identified herself as diseased, and in recent years as a person dying of cancer. Suddenly she saw that this perception was a fiction...For a little while she experienced herself as pure Consciousness, and that realization transformed her.

This book has the power to change people's lives. It will amply reward the serious reader with a fuller understanding of the make-up and fabric of consciousness, the possibility and process of change, and how one might greatly expand his own humanity or aliveness.