

Letter from the Editor

I want to begin this letter by thanking two gentlemen who made the production of this issue much easier, Nick Turner and David Oshel. Nick served as guest editor for the issue while David has taken over the management of the mailing lists of the Lucidity Association. Thank-you both for making my life much easier these last six months. I would like to continue to work with guest editors on future issues of *Lucidity Letter*. If you have an interest in lucid dreaming and editing, no typing or desk top publishing skills needed, please write to me at the University of Northern Iowa. Now that my sabbatical year is over I will be returning to UNI so please address all correspondence to me at the Department of Psychology, University of Northern Iowa, Cedar Falls, Iowa 50614-0505.

Another beginning with this issue is the change in format. In order to ease the production time for *Lucidity Letter* we have decided to go to a simpler format. In the last issue and in this issue we have used art work inspired by lucid dreams on the cover and would like to continue this practice. If you have any such work, please send a glossy photograph to the editor, with your name and the title of the work and/or the dream. We can also print explanatory material about the dream so please send it along. Finally, you will see in the display advertisements at the back of this issue that we have added to our book offerings on lucid dreaming from the Lucidity Association. As well as Stephen LaBerge's, *Lucid Dreaming*, and Ken Kelzer's, *The Sun and the Shadow*, these offerings now include two classics in the field, the revised edition of Scott Sparrow's, *Lucid Dreaming: Dawning of the Clear Light* and Patricia Garfields, *Creative Dreaming* as well as the recently released edited book by myself and Stephen LaBerge, *Conscious Mind, Sleeping Brain*. Please be sure to send all orders to the University of Northern Iowa address.

I think you will agree that we have a rich and diversified issue with this the first issue of our seventh volume. The dialogue begun by Stephen LaBerge and myself in the last issue about concerns we may face as workers in the field of lucid dreaming has sparked considerable comment which cover a wide range of perspectives. Six essays and letters are gathered together in the first section of this issue. I encourage further dialogue from you the reader of *Lucidity Letter* about the concerns highlighted in this section.

In the next section are the Proceedings of the European Symposium on Lucid Dream Research held at Johann-Wolfgang-Goethe-Universitat in Frankfurt, West Germany on October 31, 1987. This was organized for the European Association for the Study of Dreams by Christian Stephen and chaired by Paul Tholey. It was exciting to meet and exchange ideas about lucid dreaming with those working in the field in Europe. Five of the six talks given by myself as well as Paul Tholey, Olivier Clerc, Susan Blackmore, and Alan Worsley are included. The talk by Christian Bouchet will be in the December 1988 *Lucidity Letter*. By the way the annual Lucid Dreaming Symposium sponsored by Lucidity Association and held in conjunction with the annual meeting of the Association for the Study of Dreams will be held in London in 1989. This will give us all an opportunity to meet and exchange thoughts with our European colleagues and friends.

Following this section is an interview with the author of *The Sun and the Shadow*, Ken Kelzer. Including the above we are please to offer you seven articles ranging from an historical piece by Domhoff on the Senoi to recent work on the EEG and lucidity by Oglivie and associates. Also included is Pressman's discussion of the potential of lucidity for phenomenological explorations and Hewitt's hints on inducing lucidity in order to gain ecstatic experiences. An overview of the field with an appeal to analytical psychologists to consider seriously the use of lucidity is offered by Robertson. Articles by Kay and May commenting on the potential drug implications for accessing lucidity close the section.

As always a few book reviews, letters to the editor and lucid dreaming bibliographic updates are included. The agenda for the 1988 Lucid Dreaming Symposium to be held in conjunction with the annual meeting of the Association for the Study of Dreams is given in the News and Notes Section. The proceedings from this symposium will make up the December 1988 issue of *Lucidity Letter*.

Jayne Gackenbach, Editor